



## NURSERY SCHOOL WEEKLY MENU

DAY	BREAKFAST	MORNING SNACK	LUNCH
<b>MONDAY</b>	Mielie pap soft porridge with milk, sugar & margarine	Brown bread with margarine and peanut butter & tea or juice	Fish, rice & coleslaw
<b>TUESDAY</b>	Oats with milk, sugar & margarine	Brown bread with margarine and jam & tea or juice	Beef stew, pap & cabbage
<b>WEDNESDAY</b>	Mabele porridge with milk, sugar & margarine	Brown bread with margarine and peanut butter & tea or juice	Chicken, rice & beetroot
<b>THURSDAY</b>	Mielie pap soft porridge with milk, sugar & margarine	Brown bread with margarine and jam & tea or juice	Macaroni with mince or fish or mixed vegetables
<b>FRIDAY</b>	Oats with milk, sugar & margarine	Brown bread with margarine and peanut butter & tea or juice	Mixed vegetable soup & rice